

Capacity key: ① Full — no availability ② Some capacity ③ Significant capacity ④ Public event

August at a glance — Groups and Events by day of month

1st	② Spanish Step Up	② Italian Step-Up	
3rd	② Creative Writing	② Spanish Improvers	
5th	④ Coffee Morning – Newport	② French Conversation 3	② Playing the Recorder
7th	① Bookworms	② Discussion Group	
8th	② Spanish Step Up	② Italian Step-Up	
10th	④ Coffee Morning – Yarmouth	② Poetry	② Spanish for Beginners
	② Spanish Improvers		
11th	① Cowes Wine Appreciation	② Spanish for Fun	② Italian for Beginners
	② Italian Conversation		
12th	④ Coffee Morning – Niton	① Playing with Watercolour	② French Conversation 3
	② Walk & Talk Gardens		
15th	② Spanish Step Up	② Italian Step-Up	
17th	② Spanish Improvers		
18th	① Vinyl Tracks and Chats	② Family History	
19th	② French Conversation 3	② Playing the Recorder	
20th	④ Coffee Morning – Cowes	① Psychology	① St Lawrence Wine Group
21st	② Discussion Group		
22nd	② Spanish Step Up	② Italian Step-Up	
24th	③ K-dramas	② Spanish for Beginners	② Spanish Improvers
25th	④ Coffee Morning – Ryde	③ Cycle Out: More experienced	② Spanish for Fun
	② Italian for Beginners	② Italian Conversation	① I can't do Art
26th	② Beach Walk	② French Conversation 3	② Walk & Talk Gardens
27th	④ Coffee Morning – Sandown		
28th	② Playing the Saxophone	② Classical Music Appreciation	
29th	② Spanish Step Up	② Italian Step-Up	
31st	② Spanish Improvers		

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Coffee Mornings

11–12.30 except for Cowes, everybody welcome, feel free to drop in

Newport

Bargeman's Rest

Wednesday 5th

Yarmouth

Norton Grange

Monday 10th

Niton

White Lion Inn

Wednesday 12th

Cowes 1000 to 1130

Fountain Inn, West Cowes

Thursday 20th

Ryde

Appley Manor Hotel

Tuesday 25th

Sandown

Wildheart Sanctuary Cafe, Yaverland

Thursday 27th

Look out for the blue & gold on the table!

August — once-a-month & special or start up groups and events

Mon 3 ② Creative Writing (1st Monday)

Fri 7 ① Bookworms (1st Friday)

Mon 10 ② Poetry (2nd Monday)

Tue 11 ① Cowes Wine Appreciation (2nd Tuesday)

Wed 12 ① Playing with Watercolour (2nd Wednesday)

Tue 18 ① Vinyl Tracks and Chats (3rd Tuesday)

Tue 18 ② Family History (3rd Tuesday, 10:30am–12:30pm)

Thu 20 ① Psychology (3rd Thursday)

Thu 20 ① St Lawrence Wine Group (3rd Thursday)

Mon 24 ③ K-dramas (4th Monday)

Wed 26 ② Beach Walk (4th Wednesday)

Fri 28 ② Playing the Saxophone (4th Friday)

Tue 25 ③ Cycle Out: More experienced

August ② Lunch Out — on break (resumes September)

August ① Bridge Lesson (date varies)

August ④ Speaker Meeting — on break (resumes September)

To contact any Group please send an email to groups@u3awight.uk and put the name of the group or event in the Subject of the email.

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Ad Hoc Events — these happen regularly but not on fixed days

③ Padel & Pickleball, Ryde — dates vary	
③ The Not Golf Group — dates vary	
③ Sunday Lunch — random Sunday	
② Scrabble — various Fridays	
③ Mah-Jong, various locations	
③ Bridge	
③ Quizzing	
① Bookies' Favourite, Ryde	
③ Moonlight Swimming, usually Yaverland (Jun–Oct)	
③ The Garden Group — twice a month, date varies	
① I Can't Do Art — Tuesday/Thursday, date varies	

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Regular Group Meetings

Monday	
② Spanish Improvers, Zoom, weekly	② Chair Yoga, Porchfield, weekly
② Spanish for Beginners, 2nd & 4th	
Tuesday	
② Spanish for Fun, 2nd & 4th	② Italian Conversation, 2nd & 4th
② Italian for Beginners, 2nd & 4th	
Wednesday	
② French Conversation 3, Utilita, Newport, weekly	
② Playing the Recorder, 1st & 3rd	
② Walk & Talk Gardens, 2nd & 4th, April–October	
Friday	
② Discussion Group, Utilita Hub, Newport, 1st & 3rd	
Saturday	
② Spanish Step Up, weekly	
② Italian Step-Up, weekly	