

July — Groups and Events by day of month

1	Coffee Morning – Newport	French Conversation III	Recorder Playing
3	The Bookworms	Discussion Group	
4	Spanish: Step-Up	Italian: Step Up	
6	Creative Writers	Chair Yoga	Spanish Improvers
7	Cycle Out: Less experienced		
8	Coffee Morning – Niton	French Conversation III	Playing with Water Colours
	Walk & Talk Gardens		
10	German Improvers	French Conversation 1	
11	Not Such Beginners' Spanish	Italian: Step Up	
	Coffee Morning – Yarmouth	Poetry Group	Spanish for Beginners
	Chair Yoga	Spanish Improvers	
14	Freshwater Random Reads	Cowes Wine Appreciation	Italian Conversation
	Italian Absolute Beginners	Spanish for Fun	
15	Ten Pin Bowling	Permaculture visit	French Conversation III
	Recorder Playing		
16	Coffee Morning – Cowes	Psychology	St Lawrence Wine Group
17	July Lunch	Discussion Group	French Conversation 1
18	Not Such Beginners' Spanish	Italian: Step Up	
20	Chair Yoga	Spanish Improvers	
21	Vinyl Tracks and Chats	Family History	
22	French Conversation III	Walk & Talk Gardens	
23	Coffee Morning – Sandown	Cycle Out: More experienced	The Play's the Thing
24	Classical Music Appreciation	German Advanced	French Conversation 1
25	Not Such Beginners' Spanish	Italian: Step Up	
27	Spanish for Beginners	Chair Yoga	Spanish Improvers
28	Coffee Morning – Ryde	Italian Conversation	Italian Absolute Beginners
	Spanish for Fun		
29	Beach Walk	French Conversation III	
31	French Conversation 1		

Coffee Mornings

11–12.30, everybody welcome, feel free to drop in

Newport

Bargeman's Rest
Wednesday 1st

Yarmouth

Norton Grange
Monday 13th

Niton

The White Lion
Wednesday 8th

Cowes

The Fountain Inn — 10:00–11:30
Thursday 16th

Ryde

Appley Manor
Tuesday 28th

Sandown

Animal Sanctuary
Thursday 23rd

Look out for the blue & gold on the table!

July — once-a-month & special or start up groups and events

Fri 3	The Bookworms, (1st Friday)	Allison Rogers
Tue 7	Cycle Out: Less experienced,	Richard Cooke
Wed 15	Ten Pin Bowling, 10:30am (3rd Wednesday)	Neil Guy
Wed 15	Permaculture visit, — this is now full	Sally Forster
Fri 17	July Lunch, The Yarbridge	Sally Forster
Fri 21	Vinyl Tracks and Chats,	Lee Simmonds
Thu 23	Cycle Out: More experienced,	Jenny Morris
Fri 24	Classical Music Appreciation, Quay Street, Newport	Geoffrey Simmons
Wed 29	Beach Walk, (last Wednesday)	Julia Seabrook
July	Speaker Meeting, — summer break (resumes September)	Sara Gidding

To contact any Group please send an email to groups@u3awight.uk and put the name of the group or event in the Subject of the email.

Ad Hoc Events — these happen regularly but not on fixed days

Padel & Pickleball, — dates and locations vary	Chris Ryan
The Not Golf Group, — dates and locations vary	Phil Tarling
Sunday Lunch, — dates and locations vary	Sally Foster
Scrabble, — various Fridays	Allison Botha
Mah-Jong, various locations	Tony Williams
Bridge,	Tony Williams
Quiz,	Beryl Wells
Bookies' Favourite, Ryde	Steph Edwards

Regular Group Meetings

Monday	
Spanish Improvers, Zoom, weekly	Brett Clark
Creative Writers, 1st Monday	Helena Hewston
Poetry Group, 2nd Monday	Helena Hewston
Games Afternoon, Newport, weekly — on summer break in July	Sally Forster
Chair Yoga, Porchfield, weekly	Chris Ryan
Spanish for Beginners, Newport, 2nd & 4th Monday	Margaret Armstrong
Tuesday	
Freshwater Random Reads, 2nd Tuesday	Jane Stevenson
Cowes Wine Appreciation, 2nd Tuesday	Jenny Hale
Italian Conversation, 2nd & 4th Tuesday	Chris Ryan
Italian Absolute Beginners, 2nd & 4th Tuesday	Chris Ryan
Spanish for Fun, 2nd & 4th Tuesday	Chris Ryan
Family History, 3rd Tuesday, 10:30am–12:30pm	Peter Fedden
Wednesday	
Ten Pin Bowling, 3rd Wednesday	Neil Guy
French Conversation III, Utilita Hub, Newport, weekly 2–4pm	Kay Evans
Playing with Water Colours, 2nd Wednesday	Barbara Howard
Recorder Playing, 1st & 3rd Wednesday	Anne Bayliss
Walk & Talk Gardens, 2nd & 4th Wednesday, April–October	Beryl Tillman
Thursday	
Psychology, Newport, 3rd Thursday	Jeremy Turk
St Lawrence Wine Group, 3rd Thursday	Frank Kelly
The Play's the Thing, 4th Thursday	Kate Fysh
Singing for Fun, 1st Thursday — on summer break in July	Dave Vodden
Friday	
Discussion Group, Utilita Hub, Newport, 1st & 3rd Friday	Pauline Hunter
German Improvers, 2 nd Friday	Mary Longley
German Advanced, 4th Friday	Mary Longley
French Conversation 1, Lake, weekly	Amy Brading
French Conversation 2, Newport, weekly — on summer break in July	Anne Bayliss
The Bookworms, 1st Friday	Allison Rogers
Saturday	
Spanish StepUp, Newport, weekly	Brett Clarke
Italian: Step Up, Newport, weekly	John Mittelhauser
To contact any Group please send an email to groups@u3awight.uk and put the name of the group or event in the Subject of the email.	

Contact groups@u3awight.uk • 0300 102 1747 • www.u3awight.uk